

Liana Palmerio-McIvor RP, (cert) OACCPP, CTC
Registered Psychotherapist

- Veteran psychotherapist with more than 15,000 clinical hours of practice
- Director, Wellness Counselling Group
- Clinical Coordinator, Teachers' Counselling Network
- Crisis, mediation, discipline and conflict response therapist - Halton District School Board
- Registered Psychotherapist with the College of Registered Psychotherapists Reg#02930
- Executive Board member, Treasurer, Ethics & Conduct Committee committee member & Certification Chair, Ontario Association for Registered Psychotherapists (OACCPP)
- Certified Psychotherapist with Ontario Association of Counsellors, Consultants, Psychometrists and Psychotherapists (cert) OACCPP
- 18 years of experience working with educators and administrators
- Extensive experience with: depression, anxiety, grief, crisis response debriefing, marriage and intimacy & severe mental illness treatment
- Intensive Sex Therapy Training Program – completed 2005 @ University of Guelph with Sex Therapy Practicum Group Supervision at Women's College Hospital 2005-2015 with Dr. Stephen Holzapfel and Wendy Trainor
- Published author and quoted therapist (Globe & Mail, Today's Parent, Chatelaine, Step-mom Magazine) and guest lecturer (most recently at Halton Healthcare)
- Eclectic approach to therapy with formal training in: CBT cognitive behavioural therapy, solution-focused therapy, relational life therapy, emotionally focused therapy
- BA McMaster University; advanced training at Women's College Hospital (Toronto) and graduate programs at Guelph University; ongoing specialized professional development and clinical supervision
- Advanced training in Critical Incident Stress Debriefing
- Advance training in suicide intervention

Employment:

1994-present Director of the Wellness Counselling Group have had a private practice providing psychotherapy to the public in my clinic having accumulated over 15,000 hours of clinical therapy provided to clients and over 1200 hours of supervision with masters of the field. Educated and provided workshops and trainings on mental health to the public, corporations, teachers and police officers.

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Employment (cont)

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| 2017 – present | Crisis, Mediation and Sensitivity /Boundary Training provider to Halton District School Board employees |
| 2012-present | Clinical Coordinator – Teachers Counselling Network (TCN)
-worked with ETFO and OSSTF staff and members to educate members about mental health
-provide psychotherapy services to members |
| 1999-2012 | Clinical Coordinator – The Counselling Network (TCN)
-worked with Human Resources with HDSB to provide mediation, counselling and crisis services to teachers, administration and support staff
-coordinated a team of therapists to provide these services
-consulted with HR on difficult cases and projects, CISD responder |
| Volunteer
CURRENT) | Canadian Red Cross
Personal Disaster Emergency Responder – Halton Region |